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PAGE 16 & 17



CALGARY

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Thursday, February 14, 2013



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'A legacy we live every day'



Flanked by Calgary '88 Olympic mascots Hidy and Howdy, speed-skater Kristina Groves holds the torch she used to light the cauldron in front of the Olympic Oval at the University of Calgary on Wednesday. For more Olympics anniversary coverage, turn to pages 4 and 7. ROBSON FLETCHER/METRO

Quarter-century ago.

Opening ceremonies of the 15th Winter Olympics took place in Calgary on Feb. 13, 1988



ROBSON FLETCHER

robson.fletcher@metronews.ca

Calgary celebrated the 25th anniversary of the start of the 1988 Olympic Winter Games on Wednesday, beginning with a relighting of the cauldron in front of the Olympic Oval at the University of Calgary.

In a mini-relay, university president Elizabeth Cannon and Mayor Naheed Nenshi carried torches, and the flame was then passed to Canadian speedskater Kristina Groves.

Groves, a four-time Olympic medalist, carried the torch to the cauldron and set it alight, as it will stay for 16 days.

"That is to signify the 16 days of the 15th Olympic Winter Games," said her fellow speedskater Catriona Le May Doan. "So we can continue to celebrate."

The cauldron at Olympic Plaza was also relit on Wednesday, and another torch relay and cauldron lighting

Carrying the torch

- **Lifelong dream.** Kristina Groves recalls how, as a child, she desperately wanted to carry the 1988 Olympic torch and trained by running down the street, hoisting a hammer.
- **Finally realized.** Groves wasn't among the Canadians selected by ballot in 1988 to participate in the torch relay but she did get the opportunity to carry the torch for the 2010 Olympics in Vancouver.

took place later in the day at Canada Olympic Park.

Nenshi said the celebrations highlight the accomplishments of Olympics organizers, the more than 10,000 volunteers who helped run the games and the city in general.

"The legacy of proving what we could do as Calgarians, as volunteers, what we could build together as a community and what we could show the world we were capable of, I think, is the true legacy of 1988," Nenshi said.

"And it's a legacy that we live every single day."

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Municipal development

Plan to reduce light pollution advanced

Aldermen unanimously approved a proposal to cut down on light pollution at a committee meeting Wednesday.

"This is really about wasted light and stopping light from just being splashed around everywhere, hoping that some of it actually gets to where we want it to be," said Ald. Brian Pincott, who brought forward the idea last year.

The move would see the city's Municipal Development Plan altered to call for reducing "light spill" by "minimizing the intensity of light sources and directing light only to where it is needed."

The change still needs approval by city council as a whole, and is set for a vote on April 8.

ROBSON FLETCHER/METRO

Canmore cook

Alberta chef's startling death at culinary contest being investigated

An aspiring chef from Canmore, Alta., has died after competing at an event in Kelowna, B.C.

The coroner's office confirms 23-year-old Fabien Driquet died Sunday after taking part in the Canadian Culinary Championships.

The death of the young father is not considered suspicious, but the coroner says an investigation is continuing.

Driquet was one of two sous chefs with the team led by chef Eden Hrabec from the Crazyweed Kitchen in Canmore.

In an interview prior to the championships, Hrabec described Driquet as a great cook.

THE CANADIAN PRESS



The Stephan family is seen in this undated photo. The youngest member, 19-month-old Ezekiel, became sick in early 2012 and later died. His parents, David and Collet, were charged Wednesday with failing to provide the necessities of life. FACEBOOK.COM

We didn't fail our son, the health system did: Parents

Failure to provide necessities of life.

Couple charged in death of their toddler



JEREMY NOLAS

jeremy.nolas@metronews.ca

Alberta parents accused of neglecting their son who became sick and later died have been "blindsided" by charges announced Wednesday and say it was actually the health system that failed their child.

According to father David Stephan, 19-month-old Ezekiel Stephan became sick in February 2012 with what they believed to be a non-severe case of croup, a common illness among young children that sees the vocal chords swell, creating some breathing diffi-

culty and a harsh cough.

David said he and wife Collet Stephan kept a close eye on their toddler for about a week and the symptoms appeared to subside.

But after awaking from a nap around 8 p.m. the night of March 13, 2012, Ezekiel's condition took a drastic turn for the worse.

"Within 45 minutes he just stopped breathing," David said.

The Stephens claim they phoned 911 and an ambulance was dispatched from Cardston, about a 30-minute drive from their home. The family rushed to their vehicle and took off towards the town, meeting the ambulance on the highway approximately 40 minutes later.

David said he's since learned a free ambulance was on standby in the Village of Glenwood, less than 10 kilometres from his home.

"The paramedics we did

Alberta Health Services issued a statement on the situation

- "This is a sad event, and our hearts go out to those involved," the email statement read.
- "Given that the parents have been charged by RCMP and this is an ongoing police and legal matter, it's not appropriate for AHS to comment at this time."

meet didn't even have the right intubator for a child," he said.

Ezekiel was rushed to Alberta Children's Hospital in Calgary, but died five days later.

On Wednesday, RCMP charged David and Collet with failing to provide the necessities of life.

"A young child cannot provide for themselves," said RCMP Cpl. Darrin Turnbull referring to such things as medical attention.

David said the charges only add further anguish for his family, adding they will be left

to wonder forever if the closer paramedics could have made a difference in saving their child.

He also questioned Wednesday why Alberta Children and Youth services would allow him and his wife to keep their older son Ezra if they really were such poor parents.

"Everybody that knows us is absolutely flabbergasted.... It's outlandish," he said. "We are a happy, loving family unit."

The Stephens are scheduled to appear in Lethbridge Provincial Court on May 23.

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Metro reporters hit the Olympic Oval and WinSport's Canada Olympic Park to capture scenes of Calgarians celebrating the anniversary of the city holding the Olympics in 1988. More Games coverage on page 7.

PHOTOS BY ROBSON FLETCHER, JEREMY NOLAIS AND KATIE TURNER
calgary@metronews.ca



1

1 Light it up. Calgary's mayor

Mayor Naheed Nenshi holds a torch in front of the recently lit cauldron at the Olympic Oval.



2

2 Mascot madness. Hidy and Howdy

Mascots Hidy and Howdy partied well into the night at WinSport's Canada Olympic Park.

3 Skate it out. Olympic Oval ice

The Olympic Oval ice, where hundreds of speed-skating records have been broken, was opened to the public.



3



4

4 Flashback to the '80s. Original costumes

Linda and Alan Davidson show off the costumes they wore while square dancing at the opening ceremonies in 1988.

5 The future. Looking up

During a public skate at the Olympic Oval, a young girl looks up at the banners commemorating the star speed skaters who have competed on the same ice.



5



Celebrate Calgary

6 The brains.

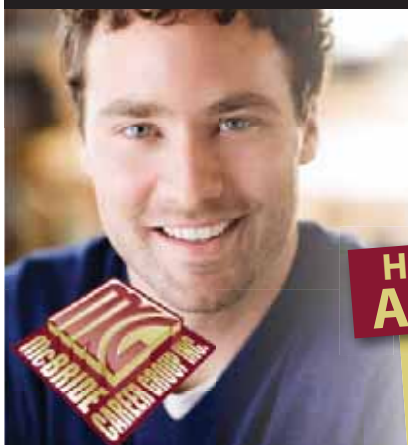
They made it happen

Two visionaries behind the '88 Games, Bill Warren, left, and Bob Niven light the cauldron at WinSport's Canada Olympic Park.



6

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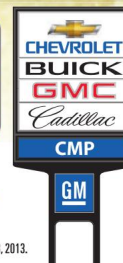
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GuZoo threatens to file charter challenge

Safety fears. Critics eager to launch second hate campaign against zoo, says co-owner



JEREMY NOLAÏS
jeremy.nolais@metronews.ca

Owners of a roadside Alberta zoo that has continuously come under fire from animal-rights

groups say they are willing to file a charter-rights challenge against the province amid fears for their safety.

The privately-owned GuZoo, located near Three Hills, had its operating permit renewed in October despite a social-media campaign in 2011 centred largely around visitor photographs that claimed to show unsanitary and unsafe living conditions for animals on site, which include everything from skunks to a full-grown lion.

Co-owner Irene Gustafson said since the campaign's launch, her family has received more than 500 threats and alleges that enemies of the zoo fatally poisoned two wolves last spring.

Now, the province has requested a zoo development plan be submitted — a common practice for zoos in the province. However, Gustafson took extra measures to ensure only one copy of the report exists.

"We printed it on photo-copy-proof paper, called security paper," she said. "We put security lines through it so they can't fax it either."

Gustafson said the province has deemed the move "unacceptable," but she sees it as necessary, claiming that animal-rights groups have obtained development plans in the past through freedom of information requests and then used that information to rally critics of the zoo.



Animals owned by the central Alberta GuZoo are seen here. The zoo's owners are threatening to file a charter challenge against the province. METRO FILE

Personal email addresses. Education minister may face privacy-breach investigation

Alberta's privacy commissioner is still reviewing a submission from the Alberta Liberals claiming the provincial education minister breached privacy laws by sending an email to personal addresses of some teachers last week.

And Frank Borsato, an acting director with the privacy office, encouraged any teachers who feel their information has been compromised to file a complaint.

"We are still considering this.... Basically, we're still going to look at what kind of investigation we are going to pursue — there are many kinds," Borsato said, adding he expected more information to be released within a week.

Provincial Education Minister Jeff Johnson sent the email out Wednesday, encouraging teachers to engage in a more personalized conversation with him. Some openly welcomed the measure on social media



Alberta Education Minister
Jeff Johnson METRO FILE

but others chalked it up to propaganda and criticized use of email addresses used to register a teacher in the province.

Alberta Liberal justice critic Laurie Blakeman filed the complaint with the privacy office last week and said the timing of Johnson's outreach appears suspect.

JEREMY NOLAÏS/METRO

Cooks, start your ovens

Chopped Canada on the hunt for Calgary chefs

Calgary's culinary experts may have the chance to show off their cooking skills and win \$10,000 as Chopped Canada comes to Cowtown for auditions.

The Food Network Canada show pits four chefs against each other, gives each of them a basket full of mystery ingredients and eliminates a chef after each course.

Casting will take place March 21-22 in Calgary, and episodes will begin taping in the spring and summer of 2013.

Applications can be submitted at foodnetwork.ca/castingcall before the March 11 deadline.

METRO

Sexual assault

Bail granted to convicted psychiatrist

A Calgary psychiatrist found guilty of sexually assaulting three patients has been granted bail while he appeals his conviction.

Aubrey Levin was sentenced to five years in prison in January after a jury found him guilty of molesting three male patients who were ordered by the court to see him.

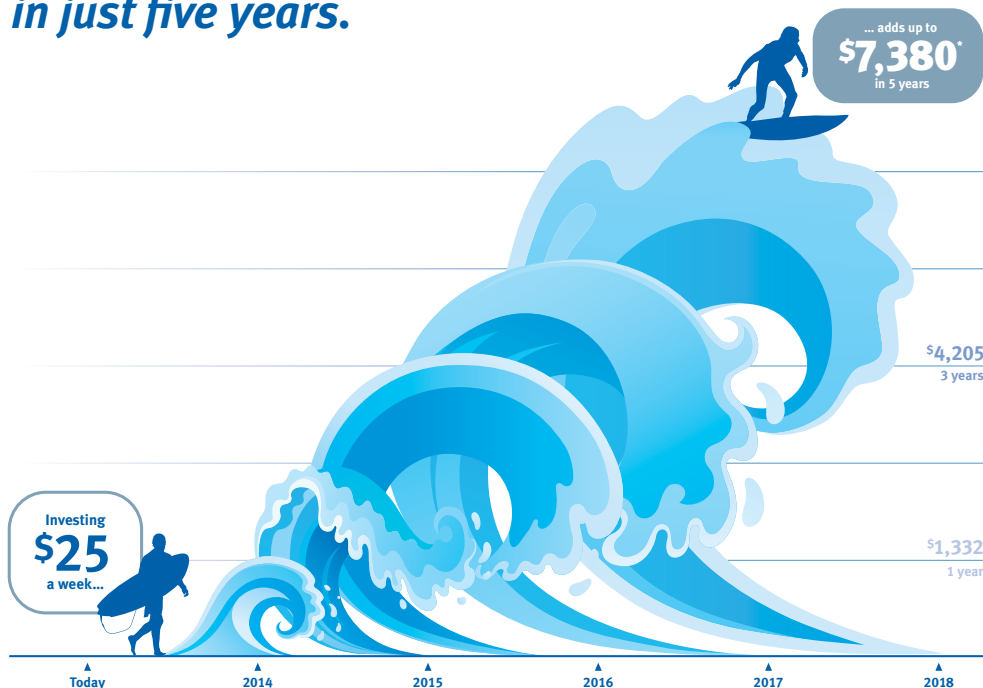
The 74-year-old doctor initially faced charges involving nine different men, but was acquitted on two charges, and had a mistrial ordered for four others.

Under conditions of his bail, Levin will be under house arrest from 10 p.m. to 7 a.m. and cannot leave the province without permission. **THE CANADIAN PRESS**



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Bob, Kathy and Kari Hulbert were among thousands of volunteers who helped make the Calgary Winter Games one for the record books. LISA WILTON/METRO

Volunteers still remember rush from Games, 25 years on

Olympic memories.

From performing in the closing ceremonies to making sure no outsiders got into the athletes' village, Calgarians recall their volunteer stints fondly

LISA WILTON
lisa.wilton@metronews.ca

Volunteering at the 1988 Winter Olympics is embedded in the memories of Calgary's Hulbert family.

"It was a big part of our lives," says Bob Hulbert.

Bob, wife Kathy and daughters Kari and Lori participated in the closing ceremonies of the Calgary Games.

While Kathy stayed behind-the-scenes assisting the costume department, Kari, Lori and Bob strapped on their skates and performed in the extravagant production's figure-skating segments.

"We practised at (the Bowness Park Lagoon) because it was the biggest piece of ice we could get," recalls Bob, who was the president of the Calalta Figure Skating Club at the time, and one of the oldest performers at the closing ceremonies.

Bob, Kari, Lori and more than 100 other skaters spent close to 18 months rehearsing routines, and Kari — who was then 15 — says she still recalls the emotions she felt when she first stepped onto

The volunteer life

- Athletes' village volunteer KJ Jansen recalls attending a party for volunteers at the University of Calgary, featuring Canadian rock giant Bryan Adams.
- The city's volunteer spirit remains strong with Calgarians doing the most volunteering of any Canadian city.
- Most volunteers were outfitted with colourful Sunice jackets. The Calgary-based company was the official supplier to the 1988 Olympics.

the ice in front of 35,000 people at McMahon Stadium.

"It felt like millions of people around you," she says.

"It was so exciting and so overwhelming."

The Hulberts were among 10,000 volunteers who helped the 1988 Olympics run smoothly and become one of the most successful Winter Games in history. It was an unprecedented display of volunteer spirit, which has stuck

with the city in the years since.

KJ Jansen was 16 when he volunteered at the athletes' village in Canmore.

He and a friend had originally tried to get into the opening ceremonies as square dancers and spent months practising routines after school.

But that plan fell through when the pair got bored of rehearsing.

"We were in high school and I think we were looking for something a bit more exciting than Dosey Doe-ing with a 65-year-old woman," says Jansen.

Working "access control" at the Canmore athletes' village proved a more thrilling opportunity for the teenager.

"The cool thing was some of the athletes were my age so we hung out," he says.

"Every time I drive by Canmore now I think about how much fun it was."

A look ahead

Friday: Did you know Calgary's iconic Winter Olympic mascots were built by an Edmonton company, and local volunteers donned them prior to and during the Olympics?

1988 Calgary Games: Day 2 highlights

- The men's downhill race at Nakiska is postponed due to high winds.
- Czechoslovakian athletes dominate the 70m ski-jump competition. Pavel Ploc wins silver, while teammate Jiri Malec wins bronze, but it's Finnish jumper Matti Nykänen who takes the gold.
- The Jamaican bobsleigh team — crowd favourites — begin training runs.

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Murder charges laid in 7-year-old's death

Homicide. 32-year-old Nerlin Sarmiento, who is believed to be the murdered child's mother, is facing one count of first-degree murder.

ANNA LISE KLINGBEIL
calgary@metronews.ca

A woman has been charged with first-degree murder after a seven-year-old boy was killed Tuesday morning in Edmonton.

Thirty-two-year-old Nerlin Sarmiento, who is believed to be the murdered child's mother, is facing one count of first-degree murder.

According to two Google+ profiles belonging to Sarmiento, she studied computer science and teaching in Colombia.

One of her online profiles links to stories about positive thinking, stress management and mental health, and uses a poem about happiness in place of a profile picture.

"If you pursue happiness, it will elude you. But if you focus on your family, your friends, the needs of others, your work and doing the very best you can, happiness will find you," states the poem.

Early Tuesday morning, EMS were called to an apartment building in Edmonton's Pleasantview neighbourhood.

They transferred a seven-year-old boy to hospital where he was pronounced dead shortly after arrival.

"We firmly believe we have enough evidence to show the death was premeditated," said Staff Sgt. Bill Clark of the EPS Homicide Section in a press release Wednesday.

"This investigation has been extremely hard on the family and everyone involved, for obvious reasons. It is rare that we are called to investigate the criminal death of a child."

While police are not releasing the cause of death, reports indicate the child drowned.

Sarmiento is scheduled to appear in court on Friday.

The child's father, who runs a web design and photography business in Edmonton, could not be reached on Wednesday.

The boy was a Grade 2 student at McKee School. A letter was sent home with students on Wednesday informing their parents and guardians of the tragic loss.

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Hearts beat for a cause. Valentine's Day rally to honour violence survivors

The day of love will become a day of education, awareness and remembering women who have been victims of violence.

Two Calgary organizations are hosting events on Valentine's Day, both with the intention to bring an end to violence against women.

Beginning at 11 a.m. Thursday at The Core Shopping Centre, Calgarians are invited to join One Billion Rising YYC.

Organizer Susannah Walton explained that the event is being held in conjunction with others around the world and the name of the event is based on a statistic.

"The one billion statistic comes from the fact that one

in three women every year are beaten or raped in their lifetime. This represents one billion women worldwide," she explained.

Walton said One Billion YYC will involve several speakers sharing their experiences.

In the evening, Calgarians will take to the streets for the Fifth Annual Memorial March for Missing and Murdered Women — an event that honours women of southern Alberta who have been victims of violence.

The march begins at 7 p.m. with speakers taking the stage at 6:30 p.m. at the Scarboro United Church.

KATIE TURNER/METRO



From left, Chelsea Humphry, Susannah Walton, and Brittany Humphry are organizing One Billion Rising YYC. CONTRIBUTED/SUSANNAH WALTON

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Tennessee

Pastor wants his
deadly snakes back

An eastern Kentucky pastor wants Tennessee wildlife officials to return five venomous snakes confiscated in Knoxville, Tenn.

Gregory Coots, who's known as Jamie Coots, is pastor of at the Full Gospel Tabernacle in Jesus Name Church in Middlesboro, Ky. Coots handles the snakes as part of worship services.

He told a television station he bought three rattlesnakes and two copperheads in Alabama on Jan. 31. While he was driving through Knoxville, police stopped Coots for dark window tinting and saw the cages containing the snakes. A state wildlife officer confiscated them.

THE ASSOCIATED PRESS

United Arab Emirates

World's biggest
ferris wheel to be
built in Dubai

Dubai's ruler has approved a \$1.6-billion US island development project that would be home to what's billed as the world's

biggest ferris wheel. The official WAM news agency said that the ferris wheel, dubbed the Dubai Eye, will stand 210 metres, exceeding the London Eye's 135 metres. Construction is set to begin this year.

THE ASSOCIATED PRESS

Doggy debut



Banana Joe GETTY IMAGES

Banana Joe is
Broadway bound

The Best in Show winner at the Westminster Kennel Club Dog Show is heading to Broadway. Not to see a show — to be in one. The Roundabout Theatre Company said Banana Joe, the five-year-old affenpinscher who emerged triumphant Tuesday at America's premier dog competition, will appear for one night only in The Mystery of Edwin Drood on Wednesday.

THE ASSOCIATED PRESS

Wonky ship will be out of commission through April, Carnival says

Not such a Triumph.
Cruise line nixes 12
more voyages aboard
ship stranded in Gulf

Carnival Cruise Lines has cancelled voyages through April aboard the Triumph, a ship that has been plagued by mechanical problems in recent weeks and was finally left powerless in the Gulf of Mexico after an engine-room fire.

Carnival's announcement of the 12 cancelled trips came Wednesday as the Triumph was being towed by two tugboats to a port in Mobile, Ala., with more than 4,000 people on board, some of whom have told relatives that conditions on the ship are dismal and that they have limited access to food and bathrooms. Two other cruises were called off shortly after Sunday's fire.

Carnival disputes accounts that the ship is filthy, saying it's doing everything to make sure passengers are comfort-



A coast-guard boat patrols near the cruise ship Carnival Triumph in the Gulf of Mexico on Monday. The ship was left floating aimlessly after an engine-room fire knocked out its propulsion system. The Triumph, with 4,000 people aboard, is being towed to Mobile, Ala., and is expected to arrive Thursday.
LT. CMDR. PAUL MCCONNELL/U.S. COAST GUARD/THE ASSOCIATED PRESS

able. Weather permitting, the Triumph should arrive in Mobile sometime Thursday.

Debbi Smedley, a passenger on a recent Triumph cruise, said the ship had trouble on Jan. 28 as it was preparing to leave Galveston, Texas. Hours before the sched-

uled departure time, she received an email from Carnival stating the vessel would leave late because of a propulsion problem. Passengers were asked to arrive at the port at 2 p.m., two hours later than originally scheduled.

THE ASSOCIATED PRESS

Rock on. Scientists look for alien life on Earth

Some U.S. scientists are helping search for evidence of alien life not by looking into outer space, but by studying rocks right here on Earth.

Some of the rocks are up to 3.5 billion years old. The scientists are looking for crucial information to understand how life might have arisen elsewhere in the universe and guide the search for life on Mars one day.

"There's a story always hidden in rocks," said geoscientist Clark Johnson, the lead investigator for the Wisconsin Astrobiology Research Consortium. "It's up to (geologists) to be clever enough to find the tools that we need to interrogate those rocks to find what story they preserve."

The scientists are looking for biosignatures, or footprints of biological activity, which are substances such as elements or isotopes that show evidence of ancient life.

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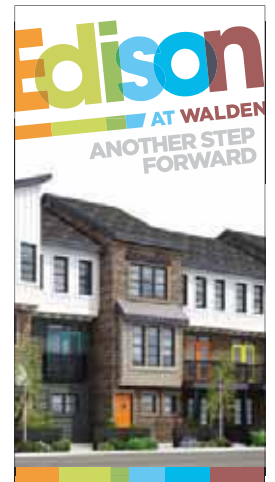
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To gamble is not divine, says Quebec lotto commission

Papal search. Betting on the new pope ruled out as bookies deem French-Canadian cardinal a top pick

All bets are off in Quebec as to whether a local becomes the next pope.

The provincial lottery commission says it will not follow the lead of some foreign gambling houses that allow people to place bets on who might inherit St. Peter's throne.

The organization isn't swayed by the fact that a fellow Quebecer, Cardinal Marc Ouellet, just so happens to be the favourite or among the top picks, according to bookmakers.

While Loto-Quebec recently branched out beyond sports gambling by introducing betting on the upcoming



Odds are good that Quebec Cardinal Marc Ouellet might be the next pope. THE CANADIAN PRESS FILE

ing Oscars, a spokesman said Wednesday it has no plans to get into religion.

"Loto-Quebec has no intention to offer betting on the identity of the next pope," said spokesman Jean-Pierre Roy. "I don't think that's what people would expect from a government organiza-

tion."

Roy said sports gambling has been a fixture since the early 1990s. In recent weeks, the corporation has been testing the waters on betting on the Oscars and Roy says it will only know after the Feb. 24 ceremony whether it was a hit. The Atlantic Lottery Corp. was the first to announce it would offer Oscar betting this year.

"But betting on a religious event, we're not sure that would be the best way to go," Roy said.

Since Pope Benedict XVI's surprise announcement on Monday that he will step down on Feb. 28, Quebecers have weighed in on whether Ouellet could be next in line.

Ouellet, the 68-year-old native of La Motte, Que., was named a cardinal in 2003. In 2010 he was made head of the powerful Congregation for Bishops, which vets bishops nominations worldwide.

THE ASSOCIATED PRESS



Capping a reign

Vatican Secretary of State Cardinal Tarcisio Bertone takes off his skull cap after delivering a speech to Pope Benedict XVI at the end of the Ash Wednesday mass in St. Peter's Basilica.

GREGORIO BORGIA/THE ASSOCIATED PRESS

IOR

New Vatican bank head to be named

The Vatican says a new president of its embattled bank is expected to be announced within days.

The Institute for Religious Works, or IOR, has been without a leader since May, when its board ousted Italian banker Ettore Gotti Tedeschi for incompetence. It was a stunning move that came just as the Vatican was submitting its finances to a review by the Council of Europe in a bid to join the list of financially transparent countries.

THE ASSOCIATED PRESS

Agriculture

Government funds beet study

The federal government is spending \$600,000 to help the sugar-beet industry find new uses for the sweet tuber.

The money goes to the Alberta Sugar Beet Growers to study if beets can be used as a renewable alternative to petrochemicals. THE CANADIAN PRESS

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Moscow

Russia plans to continue shipping arms to Syria

Russia will keep supplying weapons to Syrian President Bashar Assad's regime despite the country's escalating civil war, the head of Russia's state arms trader said Wednesday.

Anatoly Isaikin, the director of Rosoboronexport, said Russia sees no need to stop its arms trade with

Syria as the trade isn't prohibited by the United Nations. He dismissed western criticism of Russian arms sales to Assad's regime, saying his company has only delivered defensive weapons.

Russia also held out the prospect of bringing the two sides in the Syrian conflict together for talks. "We are prepared to provide the venue for Syrian talks if they want to meet in Moscow," said Mikhail Bogdanov, a deputy foreign minister. **THE ASSOCIATED PRESS**

Washington

Bill would extend immigration rules to gay couples

The head of the U.S. Senate Judiciary Committee wants the government to start affording gay married couples the same immigration benefits that heterosexual couples now enjoy.

On Wednesday, Sen. Patrick Leahy, a Democrat, introduced the Uniting Families Act, a bill that

would provide spousal immigration benefits to same-sex couples. Leahy discussed the bill briefly during a committee hearing on immigration reform.

Because the federal government does not currently recognize same-sex marriages, U.S. citizens cannot sponsor their same-sex partners for immigration benefits, including green cards.

The Supreme Court is set to take up three gay-marriage cases later this year. **THE ASSOCIATED PRESS**

Plane crash in Ukraine leaves 4 dead

Champions League match. Passengers on wrecked flight were headed to soccer game

Bad reputation

- In recent years, former Soviet republics have had some of the world's worst air-traffic safety records. Experts blame that record on aircraft age, weak government controls, poor pilot training and a cost-cutting mentality.

A passenger plane carrying soccer fans headed for a match skidded past the landing strip and overturned in the eastern Ukrainian city of Donetsk on Wednesday, killing four people, injuring two and leaving the fate of two others unknown, officials said.

The small, Soviet-designed AN-24 plane was carrying 45 people from the Black Sea port of Odesa, according to emergency officials. It was not immediately clear what caused the crash landing, Emergency Situations Ministry spokeswoman Inna Sedova told The Associated Press.

Donetsk Gov. Andrei Shishatsky said that rescuers had located one of the mis-

sing people in the wreckage of the plane but were still unsure whether the person was alive, the Interfax news agency reported.

Shishatsky spokeswoman Rimma Fil said that most of the passengers were likely heading for Wednesday night's Champions League soccer match between Ukraine's Shakhtar and Borussia Dortmund. The match opened with a minute of silence in memory of the dead.

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Saying goodbye to a slain officer

Police patrol cars and motorcycles escort the hearse containing the casket of officer Michael Crain outside the Grove Community Church in Riverside, Calif., Wednesday. The 34-year-old Crain was ambushed in his patrol car on Feb. 7. Authorities believe the shooter was ex-Los Angeles police officer Christopher Dornier, who'd written a manifesto expressing anger over his firing by the LAPD. Dornier is believed to have died in a fire on Tuesday. **DAMIAN DOVARGANES/THE ASSOCIATED PRESS**

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Just too much? New blog exposes troubling tweets

Female premiers face war of words. 'I think this kind of behaviour needs to be shamed,' says owner who hates hateful speech



LUKE SIMCOE
Metro Online

Ontario Premier Kathleen Wynne is "a lesbian tree hugger."

Quebec Premier Pauline Marois, "a dumb b—."

And depending on who you ask, B.C.'s Christy Clark needs to either button up her shirt or simply take it off.

These are the kinds of tweets, Facebook posts and comments you'll find collected at Madam Premier, a new blog dedicated to exposing the vitriol hurled at Canada's female first ministers.

"Their jobs are hard enough without having to be criticized on the basis of their gender," says the blog's owner, Diamond Isinger.

"If I wasn't already involved, this certainly



All part of the job? Premiers Kathleen Wynne, left, Alison Redford, Christy Clark and Pauline Marois face snide comments every day. METRO FILES

wouldn't encourage me to enter into public life or electoral politics."

A resident of Vancouver and a self-described "policy wonk," Isinger started the blog Tuesday night. By Wednesday afternoon, nearly 3,000 people had visited.

The blog is part of a new "naming and shaming" tactic, where activists point fingers at those posting hateful speech online.

Last year, a Toronto femin-

ist made headlines for identifying the man behind a violent and misogynistic video game. Shortly after, a Calgary man was fired from his job for mocking Amanda Todd on Facebook.

"Sunlight is the best disinfectant," Isinger says. "I think this kind of behaviour needs to be shamed."

A surprising number of comments — most of which are profane or sexual — appear to be posted under

people's real names.

"It signals that we have a culture that's comfortable with this kind of thing. People feel they can say this stuff without repercussion," says Isinger.

York University's Dr. Jennifer Jenson says that by aggregating misogynistic comments, blogs like Madam Premier show that sexism is still a systemic problem.

"It's about compiling it so that it doesn't seem like it's

just one guy doing this," she says. "When you see it this way, it's a literal documentation of the different kinds of people who feel compelled to say derogatory things about women in power."

Jenson says online comments made about female politicians often differ from those directed at men.

She says: "We never say 'Did you see the bulge in the premier's pants?'"

MORE AT METRONews.ca

Driver's claim

Officer accused of sex-toy threat

A police officer seen on video allegedly threatening to sexually assault a tow-truck driver with two pink sex toys should be fired, the man says.

Jagdis (Mike) Tirbany said he was distressed that criminal charges against the officer had been dropped.

Tirbany, a married father of three, alleged he was threatened with being sodomized.

Tirbany, 46, of Toronto, said the incident occurred inside a Ontario Provincial Police detachment where he had gone last March for fingerprinting in light of an assault charge he was facing.

THE CANADIAN PRESS

Climate change

Follow Obama, Canada told

President Barack Obama's State of the Union message to act swiftly on climate change is a challenge to Ottawa as well, says the U.S. ambassador to Canada.

Obama used Tuesday's speech to present the U.S. Congress with a choice: either agree to market-based solutions to climate change, or else the president will be forced to use his executive powers to achieve the same result.

Ambassador David Jacobson said the message to move more aggressively against climate change was meant as much for Canada as it was for the United States.

"We all need to do as much as we can," Jacobson said.

"I see opportunity," said Megan Leslie, the NDP's environment critic.

THE CANADIAN PRESS

No severance pay

Military kicks out naval spy Delisle

Jeffrey Delisle, the naval officer who spied for the Russians, was stripped of his commission, his service decorations and kicked out of the military.

Officials said he will forfeit his severance pay. And they'll recover the salary paid to him since his arrest in January 2012.

THE CANADIAN PRESS

Tories say they'll zap zombies

Will zombies ever take over Parliament Hill?

Never! Foreign Affairs Minister John Baird is on the case. Baird assured the House of Commons that Canada remains a zombie-free zone.

The odd exchange came Wednesday near the end of the daily question period.

Winnipeg New Democrat Pat Martin raised the matter of a Quebec government disaster-planning exercise that

used a mock zombie invasion as its premise.

B-movie templates of an invasion of the "living dead" have also been used for emergency preparedness drills in the United States.

"I don't need to tell you, Mr. Speaker, that zombies don't recognize borders," Martin warned the House, tongue planted firmly in cheek.

Is the foreign minister,

asked the NDP MP, working with his American partners "to develop an international zombie strategy so that a zombie invasion does not turn into a zombie apocalypse?" Baird rose to the occasion with an equally glib response, telling the House that he was "dead-icated" to the matter.

"Under the leadership of this prime minister, Canada will never become a safe ha-

ven for zombies, ever," said Baird.

But he couldn't resist resurrecting an undead Tory talking point that has lurched through the parliamentary corridors for months: The NDP's fictional carbon tax, which a smiling Baird said would raise the cost of zombie-related emergency provisions — including monster trucks — for all Canadians.

THE CANADIAN PRESS

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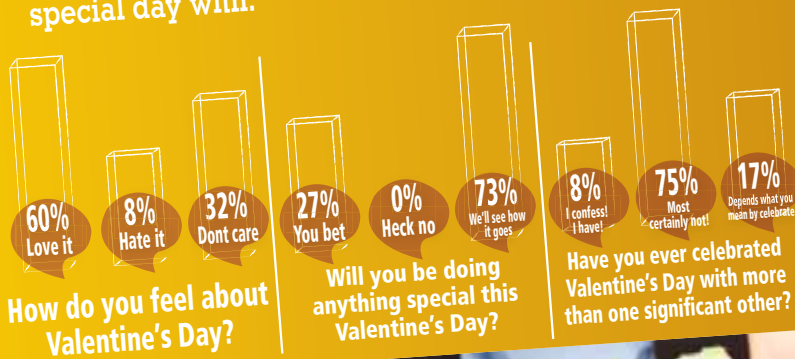
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News worth sharing.

New Canadian cell challenger on scene

Halifax. Eastlink first to offer 4G LTE network



ALY THOMSON
For Metro in Halifax

A Halifax communications company is now rivalling some of Canada's wireless giants.

Eastlink, owned by Bragg Communications Inc., is offering cellphones to Nova Scotia and Prince Edward Island on a no-term contract basis.

Matthew MacLellan, president of Eastlink's wireless division, said the new service will include Canada's first and only 4G LTE network.

"You've got competitors of ours based out of Montreal, Toronto and Vancouver," MacLellan told a crowd on Wednesday at the Eastlink store in downtown Halifax. "We think we can do it from Halifax and



Eastlink Wireless president Matthew MacLellan JEFF HARPER/METRO IN HALIFAX

we think we can do it just as well and better.

"Why should you have to go to your cottage and have to stand up on the roof to try and get a cell signal?"

Existing Eastlink customers can opt to bundle a cellphone with their Internet, television or home phone to save between 10 and 20 per cent.

"We're trying to build this

from a customer perspective," MacLellan said. "We really tried to listen to everything that customers said that they liked about cellphones and cellphone companies and the things they didn't like."

MacLellan said the company has added between 100 and 120 new jobs to support its wireless division. It has also beefed up customer service and technical support, he said.

Federal watchdog

Retailers misled on card payments

A federal consumer watchdog says some credit and debit card payment companies are breaking rules created to protect retailers, which in turn could be costing Canadians more money. The Financial Consumer Agency issued a warning that it will not tolerate payment companies who mislead merchants into paying hidden fees or lock them into confusing contracts.

THE CANADIAN PRESS

\$930,000

Former SNC exec filing lawsuit

A former SNC-Lavalin executive launched a wrongful dismissal and defamation lawsuit against the Montreal-based engineering giant. Stephane Roy said he was made a scapegoat and described as a "rogue" employee when he was fired despite acting on company orders. Roy is seeking \$930,000 in lost salary and benefits, as well as moral damages.

THE CANADIAN PRESS

Market Minute

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99.82¢ (+0.09¢)

↓ **TSX**
12,775.28 (-13.74)

↓ **OIL**
\$97.01 US (-\$0.50)

↓ **GOLD**
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Natural gas: \$3.31 (+8¢)
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A WRITTEN HISTORY OF ST. VALENTINE



HE SAYS...
John Mazerolle
metronews.ca

One little-known fact about me (along with every other fact) is that I am a Valentine's Day history buff. This is why so many women I've spent Valentine's Day with have told me, "You're

history." Their words, not mine.

It's a fascinating topic.

By looking back at the origins of Valentine's Day we can see how it overcame its humble beginnings as a 14th-century Coca-Cola promotion to become the genuine and understated holiday we know and love today, giving birth to some of the great poetry and art of our time.

The history of Valentine's Day: From mass decapitation to mass duplication:

Ralph Wiggum syndrome

With its perfect pre-Hollywood combo of romance and violence, Valentine's Day became increasingly popular. The biggest breakthrough came in 1584 when journeyman poet William Shakespeare wrote "Bee my Valentine" next to a picture of a bee.

guished loves and several brutal wars. All was fair in both cases, and nobody ever had to say they were sorry.

The dismal state of affairs (most of the cards ended with the clunky "Be My Lupercalia") eventually changed with the birth of three different men named Valentine, a glorified soul considered so important to God that He built in double-redundancy. The three saints Valentine were very different people, but they all shared one romantic trait: they were all brutally executed.

This, of course, dovetails nicely with our perception of modern love. Since their beheadings, the most perfect loves in fiction have always ended in death (Romeo and Juliet, Rose and Jack, Teen Angel and Narrator) leaving many husbands and wives to wish their romances could end so perfectly.

A number of legends have grown around the executions of St. Valentine(s), not all of them true, but it's clear their deaths gave rise to several famous romance-related phrases.

For instance, it's well documented that the Grand Executioner began each decapitation with the solemn proclamation: "It's not you, it's me."

Also, each saint's head tended to fall on his twitching feet, leading to the well-known phrase, "head over heels." ("To wear your heart on your sleeve" also came about then, but it's best not to get into details.)

With its perfect pre-Hollywood combo of romance and violence, Valentine's Day became increasingly popular. The biggest breakthrough came in 1584 when journeyman poet William Shakespeare wrote "Bee my Valentine" next to a picture of a bee. This brilliant bit of wordplay took off on Reddit, leading to fame and fortune for Shakespeare, despite claims of copyright infringement by user Francis Bacon.

Combined with the invention of the Gutenberg Laserjet Printer, spreading love around the world was soon as simple as plunking down \$8.95. By 2012, for the first time ever, the illness that is love could spread worldwide just as quickly as love-related illnesses.

The poets of the past would be uncharacteristically speechless if they could see how easy sharing the perfect words has become. Though I think if Shakespeare were here today, he'd probably say, "What a time to bee alive. Or if not alive, to buzz off."

I'd love to see him top that.

... and they call it guppy love



CLELIA GASPARINI/THE ASSOCIATED PRESS

Advice from a guppy

Choose an ugly wingman to make yourself shine

When it comes to mating, guppies treasure their ugly friends — because they look so good by comparison.

An article published Wednesday by Britain's Royal Society says that male guppies prefer to associate with their drab-coloured counterparts when females are around.

"Males actively choose the social context that maximizes their relative attractiveness," the article said. Or, as lead author Clelia Gasparini put it, "If you are surrounded by ugly friends, you look better."

THE ASSOCIATED PRESS

The dating game

- **Mating rituals.** An aquarium was set up with one female in partition on either end. Guppy bachelorette No. 1 had two attractive, brightly coloured males placed on either side of her. Guppy bachelorette No. 2 was stuck with uglier, drab-coloured fish.

- **The ugly guppy.** When a male guppy was put in the middle of the tank, and given the choice of which female to approach, bachelorette No. 2 was the more popular pick, with male guppies spending about 62 per cent of their time hanging around her side of the aquarium.

Plenty of fish

Ugly guppy plays matchmaker

The researchers also found that the time guppies spent with the guppy that was surrounded by ugly fish correlated with their unattractiveness. The uglier the guppy, the less likely it was that he would hang around the brightly coloured fish placed next to bachelorette No. 1.

Because it could be argued that guppies avoided their brightly coloured pals because attractive fish were more aggressive, or because predators were more likely to spot them, the experiment was repeated. Researchers ran it without any females, and again with the lights in the male enclosures turned down so that the test guppies couldn't see them.

THE ASSOCIATED PRESS

Only human

"As a researcher I cannot compare human mating systems with the guppies' one. But if you ask me as a person, sure.... I saw this tactic working pretty well with humans.... If you want to impress someone, do you think you will look more attractive in comparison with Mr. Bean or George Clooney?"

Clelia Gasparini, lead author of article published by Britain's Royal Society



Twitter

@KelseyHip: Hidy hugged me! Best. Day. Ever. #88olympics #yyc

@briskii: I am loving this springtime weather in #YYC but you know that Mother Nature is just gonna puke a blizzard on us any day now!

@maria_bo_bia: My hands are so dry, I stopped leaving fingerprints on my phone screen. #yyc

@ralford10: I feel bad for whoever has to wear those Hidy & Howdy costumes all day today. It can't smell good inside after 25 yrs! #celebrate88 #yyc

@girlbelletriste: zero degrees and out come the bare legs, ugg and mini skirts. You are AT SCHOOL!!! #college #yyc

@laarouxd: calgarys hormonal weather isnt cute #yyc



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How will you be spending Valentine's Day?

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WITH MY
SIGNIFICANT
OTHER

12%
SPOILING MY
PETS

38%
BOTTLE OF WINE AND A
MOVIE WITH MYSELF



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I Beliebe in Love

Illustration: Thomas Philli

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One lucky reader will meet Justin Bieber backstage at a future show through Metro's Valentine's Day contest. CONTRIBUTED

Beliebe in love!

Justin Bieber. Enter our Valentine's Day contest for a chance to meet the superstar

MICHAEL FREIDSON
Metro World News

Metro's Justin Bieber contest gives you the once in a lifetime opportunity to meet him backstage at a future show. Alas, we were not so lucky, but the superstar did answer some questions about his new album, *Believe Acoustic*, via email, shortly before heading out on his European tour.

On *Believe Acoustic*, you sound more raw and more available than on previous big-production tracks. How do you make that intimacy sound authentic, even though you're ...

Justin Bieber?

It sounds authentic because it is. Acoustic performances, whether busking in my hometown or on YouTube, are how I got started. Songs and performances like that really give me the chance to connect with my fans. That connection is why I perform an acoustic set as part of my *Believe* Tour every night.

Does this bring us closer to the "real" Justin?

I think everything I put out is a representation of the real me. But this album (*Believe Acoustic*) definitely allows the public to see a different side of me than *Believe*. The sound of this album is a lot rawer and more exposed.

I ask because previous stars your age — Timberlake, Britney — usually start to define their sound for an older audience around this time. Where are you going?

Quoted

"I'm just growing up and my sound is maturing with me. I just write about what is going on in my life."

Justin Bieber, on his new album *Believe Acoustic*

I'm just growing up and my sound is maturing with me. I don't spend a lot of time planning where my music will go next. I just write about what is going on in my life and how I am feeling and it's causing the music to grow with me in a very organic way.

Lots of guys in dorm rooms everywhere play acoustic guitars to pick up girls and fail, because they look cheesy. What tips do you have for them?

Be confident.

What are you doing this Valentine's Day?

I've got a small break before my U.K. tour dates start so

I'm still figuring it out.

What's the wildest offer you've had from a fan?

I get a lot of marriage proposals.

We have to ask about *Nothing Like Us*, a song about your break up with Selena Gomez — you told *Billboard* you're not in the happiest place and have friends to get you through. What have you learned about relationships?

I have learned a lot about who I am and who I want to be.

And?

I've also learned how to be there for someone else.

Bieber's V-Day Playlist

Justin creates his ultimate romantic mixed tape — fire up the iTunes and turn down the lights!

- *I'll Make Love To You*. Boyz II Men
- *As Long As You Love Me*. Justin Bieber
- *You Are Not Alone*. Michael Jackson
- *7 Days*. Craig David
- *Back at One*. Brian McKnight
- *Climax*. Usher
- *Because of You*. Ne-Yo
- *Let's Get it On*. Marvin Gaye
- *Best I Ever Had*. Drake
- *Broken Road*. Rascal Flatts



2 SCENE



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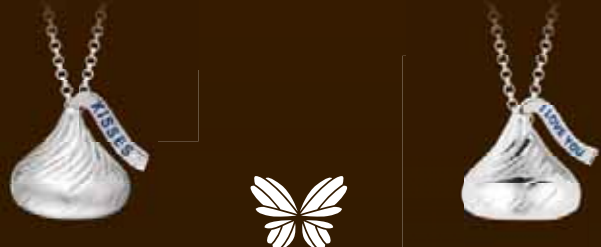
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Toronto-based blues and jazz vocalist Shakura S'Aida, pictured, and her mother, Gloria Smed, will revisit the civil rights movement in a series of talks and performances in Calgary next week. HANDOUT

Mother, daughter team up for history lesson

School tour. Jazz vocalist says her mom, a former Black Panther activist, gets more attention than she does



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Shakura S'Aida admits she's not a big fan of Black History Month.

"If we actually taught the history that occurred in this country, we wouldn't have to do Black History Month, or any other history month for that matter," says the Toronto-based blues and jazz vocalist.

"We could just teach straight history all the time."

S'Aida is putting aside her reservations of Black History Month to embark on a tour of Calgary schools for a series of talks with her mother, Gloria Smed.

Smed was a member of The Black Panther Party and a civil rights activist during the 1960s. She'll share her experiences with students, while S'Aida weaves in facts and stories from Afro-Canadian history.

"My mom is the most fas-

inating person in the world to me," says S'Aida, who'll also perform songs accompanied by Hammond B3 organ player, Lance Anderson.

"The first time I saw her on stage I was shocked at how funny she was and how riveting she was. I think the kids will get a lot out of this."

According to S'Aida, Smed was involved with the Black Panthers for only a short time, leaving because she felt women were treated as second-class citizens.

"It wasn't something she was comfortable with," she explains. "We come from a very matriarchal family."

S'Aida was a baby when her mother joined the Black Panthers, only discovering just how active Smed was within the civil rights movement after a trip to Greensboro, N.C. about a decade ago.

"The husband of one of my mother's friends had just been released from jail after serving time for being in the Black Panthers," she says. "That's when I found out about her friends and really became aware of her involvement in the movements."

In addition to the school visits, S'Aida will perform a concert at the recently opened Festival Hall in Inglewood.

The Blues Award-nominated singer has been singing profes-

Fact sheet

- Born in Brooklyn, Shakura S'Aida spent almost four years in Switzerland as a child. She became fluent in Swiss German within a year to stop classmates making fun of her.
- The International Avenue BRZ is presenting Stories and Songs with Shakura S'Aida & Gloria Smed on Feb. 20 at 1720 Radisson Dr. S.E. Tickets are \$10 in advance and \$15 at the door. Call 403-248-7288 for tickets.
- S'Aida will perform songs from her latest album, Time, at Festival Hall (1215 - 10 Ave. S.E.) on Feb. 22. Go to calgaryfolkfest.com for tickets and more info.

sionally for 30 years, but says her mother — who's also her manager — now gets more attention than she does after shows.

"People used to chase me down after gigs to talk to me," she says.

"Now they're like, 'That was great Shakura. Anyway, so Gloria ...' She's so great."

What comes first, the book or the film?

Adaptations. The original piece of work rules when looking for the premiere way of enjoying a story

As Ang Lee's striking film *Life of Pi* rides a wave of awards season glory, with 11 Oscar nominations and many other honours, the boy-tiger shipwreck story it's based on is also enjoying a boost.

Saskatoon-based author Yann Martel's Man Booker Prize-winning 2001 novel *Life of Pi* has been in the Top 20 on the New York Times Best Sellers list (and in the Top 10 several times) every week since the film came out in November.

The question is, are readers taking in the book before seeing the film, or vice versa?

If Martel had his way, it would be the former.

When it comes to book/film adaptations, "One should start with the original work," Martel wrote in a recent email to The Canadian Press, via his publicist.

"So read the novel if it came first (so read *Life of Pi* the book



If Yann Martel had his way, people would be reading *Life of Pi* before they saw the film. HANDOUT

before seeing the movie) or see the movie first if it was done first (so 2001: A Space Odyssey, which was a movie and then became a book).

"That way you get the originating artist's work in its first format rather than an adapta-

tion."

CBC Radio Writers & Company host Eleanor Wachtel agrees, noting "movies colonize your imagination."

"If you see the movie first and then read the novel, it's virtually impossible to block

out the actors who play the characters that you're now reading about," says Wachtel, who also hosts TIFF Bell Lightbox's Books on Film subscription series.

"So if you want to have that primary, intimate experience

with a novel, it's much, much better I think to read a book first and then see the film."

In some cases, movie-goers might even have a better understanding or appreciation of a film if they've read the book first, she adds.

Look in a book...

With literary awards, social media platforms, book blogs and websites like Goodreads.com creating much buzz around books these days, it's hard to put off reading a story before its film release, notes Viveca Gretton of the Toronto Public Library. "People want to be part of that reading community," says the librarian. "One of the good things about reading the book is that it's going to take you to other books as well. It might start you on a path of reading similar books or books that interest you."

"Something like *Cloud Atlas*, which is quite a stupendous adaptation, I think it's much better to read the novel first," says Wachtel.

"The movie jump-cuts a lot ... but the novel is like six nesting bowls cut in half, each written in a different style, and if you don't read the novel first you won't really be able to appreciate that."

THE CANADIAN PRESS

Romance

Safe Haven

Director. Lasse Hallstrom

Stars. Josh Duhamel, Julianne Hough

Josh Duhamel and Julianne Hough are blandly likeable enough but this seventh big-screen adaptation of a Nicholas-Sparks-authored heart flutterer won't find a safe haven from discerning audiences. Simply put, this tale is about a woman seeking sanctuary in a sleepy town who falls for a widower while her psychotic hubby hunts her down. Veteran filmmaker Lasse Hallstrom (*Dear John*) does his best to mould the melodrama but *Safe Haven* is still mostly stale.

STEVE GOW

Romance/Drama

Beautiful Creatures

Director. Richard LaGravenese

Stars. Alice Englert, Alden Ehrenreich

Based on a series of young adult novels, *Beautiful Creatures* is likely aimed at the same cinematic spendthrift crowd that turned the *Twilight* franchise into box-office alchemy. Adapting the love story between a longing, teenaged bookworm and his supernatural girlfriend with a curse, Oscar-nominated filmmaker Richard LaGravenese (*The Fisher King*) clutters an ultimately simplistic story with complications that are neither all that compulsory nor compelling. STEVE GOW

Action

A Good Day To Die Hard

Director. John Moore

Stars. Bruce Willis, Jai Courtney, Sebastian Koch

The original *Die Hard* is an '80s classic. A near perfect mix of action, humour and Bruce Willis' charisma, it was a claustrophobic thriller set inside an office building. Since then the movies have opened up the action, becoming more generic with every added location. The new film sees Willis in Russia joining forces with his CIA operative son (Jai Courtney). It has a body count that would take a mathematician to calculate, but none of the wit of the first film. RICHARD CROUSE

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Bruce Willis ALL PHOTOS GETTY IMAGES

Willis only hits the bottle a bit now

Bruce Willis admits he used to have a drinking problem, leading to a brief foray into complete sobriety, but he's past all that now. "I had been sober (for a while)," he tells GQ magazine, explaining that he eased off his personal prohibition "once I realized that I wasn't going to run myself off the pier of life with alcohol, drinking vodka out of the bottle every day." As for his current drinking habits? "I have wine now,

mostly when I eat," he says. Of course, Willis is still facing the unstoppable march of time. "Nobody wants to hear this bad news, but we're all dying on some level," he says. "I'm going to try to keep this machine moving forward as much as possible and not have to think about the eventuality of becoming more frail and less able to do the work. I know that I'm not going into politics. That's not an option."

Swift response to exes, Underwood



Taylor Swift

Taylor Swift had more exes on her mind at the Grammys than just Harry Styles, whom she mocked during her performance of We Are Never Ever Getting Back Together. The lovelorn singer also made a point of avoiding ex-boyfriend John Mayer and his current squeeze, Katy Perry, despite being seated near each other, according to Us Weekly. And as for reports that Grammy organizers were ordered to keep Swift away from rival Carrie Underwood? "Taylor feels Carrie is always rude to her, so she steers clear of her," a source tells the magazine, pointing out that "after Carrie performed, Taylor didn't stand. Everyone else did."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Hugh Jackman: Nope, not gay



THE WORD
Dorothy Robinson
scene@metronews.ca

Just because he has a deep love of musical theatre, lives in the West Village and has an older wife does not make Hugh Jackman gay. In an in-depth interview with The Hollywood Reporter, the Australian star addresses the gay rumours that constantly swirl around him. "Just recently, it bugs her," Jackman, 44, said about what his wife of 16 years, Deborah-Lee Furness, 57, reads online. "She goes: 'It's big. It's everywhere!'" His X-Men producer Lauren Shuler Donner even went

on record with the magazine to talk about their marriage. "I have seen him with Deborah since the beginning of their trip to Hollywood, and I've been on five movie sets with him and have never seen him stray, have never seen him eye anyone," she said. "I met him when he did Oklahoma! (at London's Royal National Theatre in 1999). He was genuine, hugely talented. He was in love with his wife that day and still is."

Doth thou protest too much? Who gets their producer on record to talk about the state of their marriage?

See? I'm doing it too! Why can't we believe that a drop-dead handsome, successful matinee idol can be happily in love with someone not on his level, looks-wise? Also, aren't we at the place in society that he could come out if he wanted to? Or am I just dreaming big here?



Lady Gaga

Gaga's pain puts concerts on hold

Lady Gaga has postponed her next four concerts because a joint inflammation condition called synovitis has left her unable to walk, she revealed on Twitter. "I've been hiding a show injury and chronic pain for some time now. Over the past month it has worsened," the singer tweeted. "I've

been praying it would heal. I hid it from my staff. I didn't want to disappoint my amazing fans. However, after last night's performance I could not walk and still can't." Makeup dates for the cancelled shows — in Chicago, Detroit and Hamilton, Ont. — have yet to be announced.

Twitter



@EmmaBunton
I've been hacked!!!!



@carrieunderwood
Why do dogs' paws smell like Fritos? More importantly, why do I love to smell my dogs' paws? These are a couple of life's big questions...



@JimCarrey
America has become the biggest gun club in the world and every single day now we are seeing that Karma played out.



@OfficialAdele
Chris Brown and I were complimenting each other in that photo actually!



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Trinidadian-born American rapper Theophilus London now calls Brooklyn his home. HANDOUT

London calling: Theophilus and the finer things

The song and pants. Young artist helping to usher in an era where hip hop and High Street go hand in hand

RICHARD PECKETT
life@metronews.ca

"Kids used to want to be rappers, but now they want to be fashion designers, which is cool. It's an education," says Theophilus London. The New-York-based rapper is talking about his legions of fans and network of starry friends, which he refers to as "kids." But in terms of the music industry, London, at 25, is still a youth himself — though a savvy one.

In fact, he's probably had more magazine and newspaper profiles (GQ, Esquire, Elle, The New York Times) and fashion collaborations (Cole Haan, Stussy and Surface to Air) than he's had musical airtime. And he can name drop with the best of them. Solange Knowles is "like family, like a sister." He casually mentions seeing mood boards out at Kanye West's house. Those are some impres-

sive connections considering that London, who was actually born in Trinidad, has only released one album, an EP and a selection of mix tapes.

Usually the lucrative endorsement spoils are rewarded after years of toil, making records or movies. However, London has managed to capitalize off of his personal style and cool credibility first.

"Rappers used to be wearing Air Jordans. I still wear them. But now, the progressive kids are more educated and wanting Givenchy, Rick Owens or Alexander Wang. And Kanye's clothes — they're dope," he says.

While London is answering my interview questions from the set of a Chevrolet commercial, he swears he approaches it all with a strategy and awareness that extends beyond the next commercial paycheck. "I'd never do anything with McDonald's, for example. They're not moral," he says. "I have my own agenda." For now, that includes a new album coming out this summer and planned collaborations with Azealia Banks and Frank Ocean. "I never do things just for the money. I have to believe in it."

Hipster hop

"Rappers used to be wearing Air Jordans. I still wear them. But now, the progressive kids are more educated and wanting Givenchy, Rick Owens or Alexander Wang."

Theophilus London

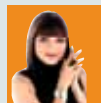
Independently inspired

A studied approach to style



"The black suit and hat that I'm wearing on the cover of my first album, Timez Are Weird These Days, was inspired by Leon Ware (the writer behind Marvin Gaye's I Want You record). I got a lot of work off of the back of that. I know how to dress. I have a look and I don't need a stylist to tell me what to wear," London said.

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

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The Kit

Canadian street style

Spotted in: Ottawa

Nicole, Student
Age: 25

What she's wearing

Vintage hat, sunglasses from a market in South Korea, Costa Blanca jacket, vintage fur muff (worn as shawl), Coach bag, Guess jeans, The Bay boots.



Her inspiration

"I am inspired by creative individuals I see in everyday life. I love how different people can put together unique looks. I really love people-watching and get a lot of my style inspiration from that."

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KATARINA KURUC, LOVEK.ORG

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Even you can have a stylish kitchen



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Trendy. Useful stylist tricks to make your kitchen look fabulous

With so many kitchens being designed smaller in size and open concept to fit our living spaces, it's important that they function well but look good at all times.

From someone who staged, propped and styled rooms for magazines and television shows for many years, here's a few stylist tricks to make your kitchen — no matter how large, small, high-end or low-end — look great at all times.



Repackage

Put packaged necessities in attractive display containers. Your favourite pasta, granola and espresso beans can be stored in decorative containers and displayed on the counter or behind glass doors.

Hint:

When displaying storage containers like baskets, jars or boxes, rely on the repeat method to help simplify the overall look. Using three to five of the same containers will allow a kitchen to look less eclectic.

Small scale

Look for space-saving countertop appliances in a small kitchen. Small and efficient appliances will save space and still offer up all the conveniences of a large kitchen.



Stand tall

Stand up trays, cutting boards and platters to hide unattractive backsplash. Choose fun shapes and trend-setting colours to help bring a boring kitchen to life. They even work standing up in the back of an open shelf or inside a glass-fronted cabinet. Got a really ugly backsplash? Try leaning a long dressing mirror horizontally across the back of the counter.



No faux pas

Mix artificial plants with real herbs/flowers. Every kitchen, no matter what size, needs a lush look. Adding real herbs and small plants with faux will extend the lush look long after the herbs have been used up and the next shopping day is near.



Tray it

Keep everyday items clustered on a tray. A tray filled with your morning French press, artificial sweeteners, bean grinder and your favourite mug will not only keep the counter looking tidy but keep you organized in the morning. Another tray with olive oils, dried herbs, vinegars, salt and pepper keeps the stove side organized for action.

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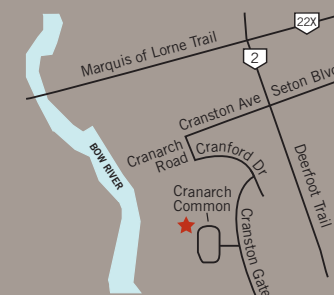
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Know your handyman dos and don'ts

DIY. Feel like you can tackle any project? Some may be out of your league, says Bryan Baeumler

In the new season of Canada's Handyman Challenge on HGTV Canada, hopeful amateur handymen from across Canada compete in challenges ranging from hanging wallpaper to wiring a three-way switch to building an entire deck.

One of the judges of the series, Bryan Baeumler, is here to give you insight into which projects you should learn to tackle at home — and when to call in the experts.

Tune in



Watch Bryan in Canada's Handyman Challenge airing Tuesdays at 10 p.m. on HGTV Canada.



Handyman Dos

Tiling and flooring

Tiling a floor at home is straightforward and simple to execute. It does take some precision and patience when laying out the tiles and measuring appropriately, however the physical work of tiling and grouting is something that people can definitely do at home.

Painting

Updating your home with a new paint colour is an easy and cost efficient way to update a space. Getting familiar with this skill will become very useful in any home — as will mastering the precise trim work painting.

Decorative finishes

Anything decorative is a great project for an at-home handyman, whether it's the jobs above or more detailed work such as wallpaper.



Handyman Don'ts

Electrical

It's every professional's worst nightmare to be hired for a renovation and find that previous homeowners have tried their hand at re-wiring. This is where you absolutely should hire a professional — those without the skills and knowledge required run the risk of damaging their home.

Structural

When the renovation you're considering is large enough to warrant taking down a wall or moving the basic structure of your home, it's time to call a professional.

Plumbing

Similar to electrical, a professional plumber will have the skills and knowledge to work on your home, things that Google just can't teach an average homeowner.

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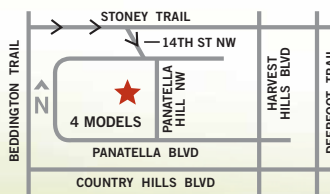
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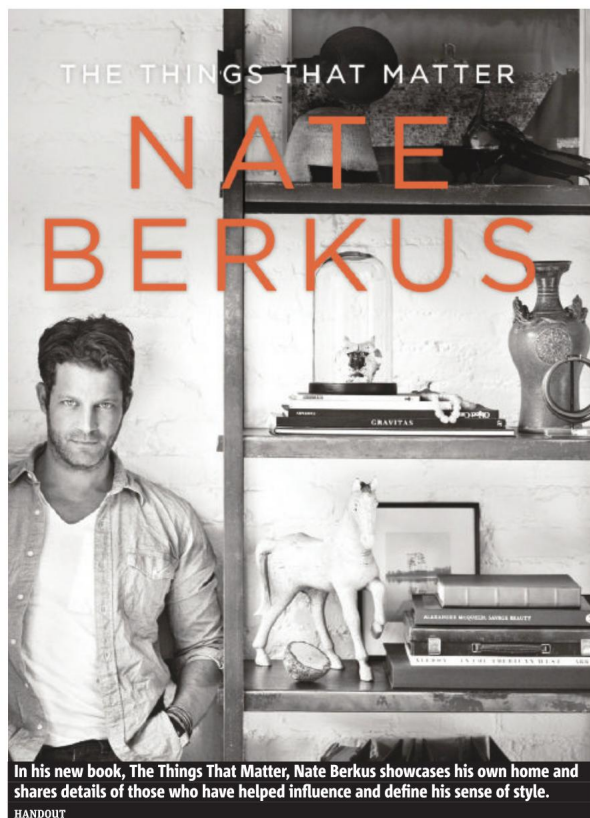

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Homes should tell the story of who we are'



In his new book, *The Things That Matter*, Nate Berkus showcases his own home and shares details of those who have helped influence and define his sense of style.

HANDOUT

Design book. Interior designer Nate Berkus talks about how to love where you live

He has a well-attuned eye for sprucing up spaces, but Nate Berkus isn't a stickler for rules when it comes to design — and he doesn't want homeowners to feel beholden to them, either.

"I feel there's so much information about design out there that it's rendered people really confused," Berkus said during a recent visit to Toronto in support of his home accessories line for Target.

The affable American interior designer has been a familiar presence on the small screen, dispensing design tips and conducting countless makeovers on *The Oprah Winfrey Show* and his own eponymous chatfest.

In his latest book, Berkus showcases his own home and shares details of those who have helped influence and define his sense of style.

He also features a dozen different interiors

where owners "throw out the rules" to reflect their own personalities within their homes.

"We all want to live better. We all want to love where we live. It doesn't matter what country you're living in or how much money you have or don't have — it's something that I've found is really universal," said Berkus.

"And the book is about the idea that our homes, most importantly, should tell the story of who we are, of who we aspire to be. That involves getting to know yourself fairly well and breaking a lot of rules and not listening to your loudest girlfriend or your mother-in-law. It's really forging your own way."

Berkus said he wouldn't expect someone to purchase all the goods from his collection and feel their room is complete, which "goes against his philosophy about design." Instead, he wants individuals to zero in on particular elements — such as textures and shapes — to pair with existing pieces

to help cultivate their own style.

Berkus said a good rule of thumb for design neophytes or individuals looking to refresh their interiors is to select a colour palette.

Uncertain of whether to opt for emerald green, ruby red, royal blue or another hue within the colour wheel?

A peek into the wardrobe could offer some insight. Berkus said the colours individuals feel most at ease or familiar wearing could help with the decision.

"If the interior's going to be grey and white, or grey and white and citrus, then you have at least a loose guide that you know when you buy things ... that they'll all work together," he said.

"I think if vibrant colour — and lots of vibrant colour — is something that makes you smile and makes you feel good, then that's something you should be reaching for," he added. "If you're a person that wears all black or a multi-coloured pattern dress, it depends on what you reach for and

what makes you the most comfortable and the most inspired."

Meanwhile, Berkus is taking the opposite approach in his own space, currently "subtracting colour" by reverting to white from grey for his walls and focusing more on bringing in texture.

Berkus personally favours well-constructed, good-quality items made by hand or of natural materials rather than decorating interiors with poorly made pieces "just for the look."

"For me, I'm much more interested in a basket that's \$3 from a market in the Virgin Islands than I am in something from an art gallery or something that's made out of plastic."

"I tend to gravitate toward things that are made by hand or feel hand-wrought because I think that you can start mixing those things in with antiques, with traditional, with contemporary, with modern. And it just creates texture, and the home starts to feel layered over time."

THE CANADIAN PRESS

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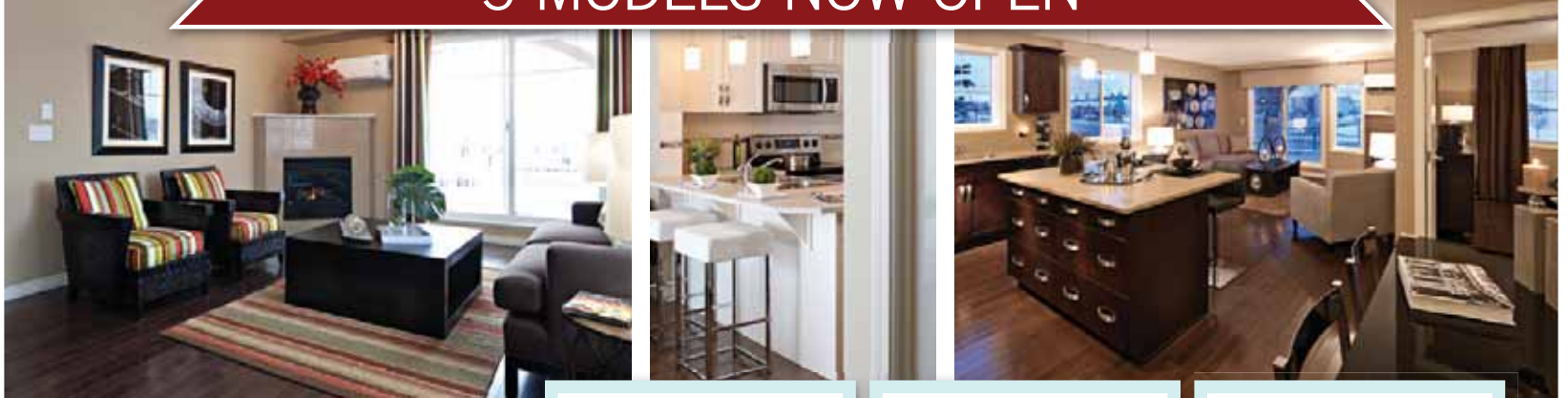
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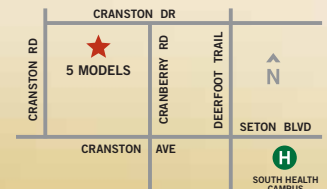
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Cleaning secrets



It's true: ketchup can be used to clean copper. ISTOCK IMAGES

Some people put ketchup on everything



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Dear Mr. Butler,
My friend says that besides ketchup being a great condiment, you can use ketchup to clean metal. Is this true or is she pulling my leg?
-Ketchup Lover

Dear Ketchup Lover,
Your friend is correct. Ketchup is first and foremost a great condiment, but if used on copper it is a good cleaner for removing light tarnishing as well. This is how I have tried it in the past with great

success: wash the copper pot using normal dish soap, dry, then take a liberal amount of ketchup and spread it all over the copper surface.

Let it stand for a good 20 to 30 minutes. Rinse with warm water and repeat if necessary. So why does this work? Well the magic is all in the ketchup.

It is actually the acid from the tomatoes that act as the cleaning agent. The myth is true!

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With all of the sweet and sticky candy and chocolate you may consume on V-Day, why not try something a bit lighter?

These brownies, which I created for the Mövenpick restaurant chain in Toronto, are only 140 calories and seven grams of fat per serving.

The cocoa, oil and yogurt

that replace traditional butter and chocolate are the way to keep the calorie and fat count low.

If that's not enough to convince you to whip these up, consider that Mövenpick sells 1,500 of these brownies per month.

They're also now featured in my catering company and still rank as the number one dessert.

1. Preheat the oven to 350 F. Spray an 8-inch-square pan with cooking oil.

2. For the brownies, combine the sugar, oil, egg and vanilla in a bowl and mix well. Add the cocoa, mixing it in well. Add the flour, baking powder, yogurt and chocolate chips, mixing just until combined and smooth. Don't over mix.

3. Pour the batter into the prepared pan. Bake in the center of the oven for 15 to 20 minutes, just until set. Do not overbake. Cool on a rack for 15 minutes before icing.

4. To make the icing, place all the icing ingredients, except for the sugar, in a blender or food processor and process until smooth. Spread over the top of the brownies.

5. Cut into squares and garnish with a dusting of icing sugar, or drizzle melted dark and white chocolate overtop.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Triple Chocolate Brownies



This recipe serves 12. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Ingredients

Prep time: 10 minutes
Bake time: 20 minutes

Brownies

- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder

- 1/4 cup low-fat yogurt or sour cream
- 1/4 cup semi-sweet chocolate chips

Icing

- 1/3 cup light cream cheese
- 2/3 cup icing sugar
- 1 1/2 tsp unsweetened cocoa powder
- 1 1/2 tsp water
- dusting of icing sugar



Dessert. Chocolate Bark

1. Line rimmed baking sheet with waxed paper. Have all your bark toppings ready before melting chocolate. If your chocolate is in bars or large, thick pieces, use knife to carefully chop into small bits. Transfer chocolate to large glass measuring cup or bowl, then heat in microwave on medium, stopping to stir every 20 to 30 seconds, until

melted.

2. Pour the chocolate onto the prepared pan, then tap the pan on the counter to level the melted chocolate. Immediately sprinkle your choice of toppings over the surface of the chocolate. Allow to cool completely and set up, then break into pieces.

THE ASSOCIATED PRESS

Ingredients

1 lb dark, milk or white chocolate

Topping Suggestions:

- Large-flake coconut, toasted sliced almonds, cocoa nibs
- Chopped dried cherries, shelled pistachios, chopped chocolate wafer cookies, large flake sea salt
- Crushed toffee pieces, toasted pumpkin seeds, chopped dried

apricots

- Chopped candied ginger, chopped macadamia nuts, coconut
- Broken salted pretzel sticks, cut up mini marshmallows, caramel popcorn
- Honey roasted peanuts, chopped extra-crispy cooked bacon, ground black pepper

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This is not your grandfather's legendary Reuben sandwich

The legendary Reuben of yore was built on corned beef, but this recipe swaps it out in favour of smoked salmon.

And while it holds fast to the classic version's melted cheese, it loses the untoasted rye bread in favour of a grilled panini.

Unorthodox? Guilty as

charged. Scrumptious anyway? See for yourself.

1. In a small bowl, combine the mayonnaise, chili sauce, pickle and lemon juice. Season with salt and pepper to taste.

2. Spread one side of each

slice of bread with some of the dressing. Arrange half of the cheese on 4 of the slices. Divide the salmon, sauerkraut and remaining cheese among the cheese-topped slices of bread and top each with one of the remaining bread slices, spread side down.

3. In a large skillet over medium, heat the oil until hot. Add the sandwiches and something heavy (such as a cast iron skillet, flat saucepan lid, or heat-safe plate and a weight such as a can of food) to firmly press the sandwiches down. Cook for 6 minutes per side, or until



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

golden and the cheese has melted. Cut each sandwich in half and serve right away while still warm.

THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERY-DAY FAMILY DINNERS.

Ingredients

- 1/4 cup low-fat mayonnaise
- 2 tbsp chili sauce (the kind served with shrimp cocktail)
- 2 tbsp finely chopped dill pickle
- 1 tsp lemon juice
- Kosher salt and ground black pepper
- 8 slices rye bread
- 4 oz thinly sliced Gruyere, fontina or Swiss cheese
- 4 oz thinly sliced smoked salmon
- 14 1/2-oz can sauerkraut, drained, rinsed and gently squeezed to remove excess liquid
- 2 tbsp extra-virgin olive oil

Lunch. Flax-Crusted Chicken, Sweet Potato and Baby Kale Salad



1. Preheat oven to 425 F (220 C).

2. Line baking sheet with parchment paper. Arrange frozen chicken on one half of baking sheet. In bowl, toss sweet potato rounds with salt and 1-1/2 tsp (7 ml) of the olive oil; arrange on other half of baking sheet. Bake in centre of oven for 30 minutes, turning chicken and sweet potato over halfway. Let cool for 5 minutes.

3. Meanwhile, in large bowl, toss together baby kale, tomatoes, cucumber, shallot, lemon juice and remaining 1-1/2 tbsp (22 ml) olive oil.

4. Slice each chicken breast into strips. Divide and arrange salad mixture, roasted

sweet potatoes and chicken among four plates. Sprinkle with pepper.

NEWS CANADA/ PC.CA

Ingredients

- 3 pieces PC Blue Menu breaded chicken breast with flaxseed
- 1 medium sweet potato peeled and cut in 1/2-inch (1 cm) rounds
- 1/4 tsp (1 ml) salt
- 2 tbsp (25 ml) olive oil
- 4 cups (1 l) baby kale
- 9 cherry tomatoes, halved
- 16 thin slices English cucumber (skin on)
- 1 small shallot, thinly sliced
- 1 tbsp (15 ml) fresh lemon juice
- 1/8 tsp (0.5 ml) freshly ground black pepper

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Time to enjoy the great outdoors

Activities. Canadian winters are perfect for families to get together to enjoy fun activities

**ASTRID
VAN DEN BROEK**
For Metro

With Family Day set in the middle of winter, perhaps this is a day to take advantage of the weather and head outdoors as a family.

But what to do?

Here are four ideas for getting your crew outside.

1 Get Your Skates On: Whether it's a backyard or local community rink, lace up those skates and hit the ice. "Or make a point of visiting a new rink outside your city. You have your local ones but there are some rinks worth driving to," says Minnow Hamilton, co-founder of the savvymom.ca site. Other winter favourite activities include heading to your local toboggan hill.

2 Bring Summer To Winter: Try introducing your family to a summer sport in the winter. Think snow soccer or, Hamilton suggests, Frisbee golf or even geocaching.

3 Get Creative: Ann-Marie Burton, the Burlington, Ont.-based founder and president of the Momstown.ca groups, suggests putting food colouring into spray bottles to spritz the snow different colours or taking snow and making snow faces on trees or the sides of a brick house.

"One of our chapters in Red Deer also took bubbles outside and the bubbles freeze mid-air and sometimes also on the wand," she says.

4 Explore Together: "You could do an outdoor scavenger hunt in a park or around your house," says Tracie Wagman, the Toronto-based publisher of Help! We've Got Kids. "Or if you have a beach not too far from you, I know our family likes to go to the beach in the winter — we find it fun to see the water and how crazy it can get." She also suggests looking for a public farm or gardens that you can wander through as a family.



Whether it's a backyard, lake or local community rink, lace up the skates with your family. Or visit a rink outside your city. COMSTOCK/THINKSTOCK

Fresh ideas. Throw a themed party for a memorable time

**ASTRID
VAN DEN BROEK**
For Metro

Need a fresh idea for Family Day? Why not throw a party and invite a few other families? Better yet, steal one of these themes to make your get together truly memorable.

Colour Party

"You could have a colour theme to your party, where everyone comes in their favourite colour and bring a food in that colour as well," suggests Tracie Wagman, the Toronto-based publisher of Help! We've Got Kids.

Around The World Party

At home, every once in awhile, Wagman spins the globe, picks a country and, together with her children, tries to make a dish from that country. So why not expand that idea to a party? "You could do that with your friends where everyone picks a country and brings a dish from that country," she says.

Oscar Party

Got older kids on your hands? "Why not try an Oscar party?" suggests Minnow Hamilton, co-founder of the savvymom.ca site. After all, with the an-



Pick a country for a recipe-themed party. CREATAS/THINKSTOCK

nual movie awards coming up on Feb. 24, you could rent a movie or two to watch with other families, serve popcorn and set up movie-themed decorations.

Belated Valentine's Party

Feel like delaying the love-in event? Defer a Valentine's party, Hamilton suggests, where you theme your games and foods around the annual day of love.

Superhero Party

Invite your guests to come dressed as Superman, Wonder Woman or their personal favourite superhero. Or steal a page from the movie The

Five-Year Engagement and set up a "make-your-own-superhero" party.

Beach Party

"These are fun because guests can come in their bathing suits," says Ann-Marie Burton, the Burlington, Ont.-based founder and president of the Momstown.ca groups. If you have younger guests on your hands, Burton suggests setting up a beach party dance, activities such as pressing seashells into Play-Doh and even putting kids into the bath with their bathing suit. "To them it doesn't even feel like a bath — it feels like they're on a swimming date."

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Athletics

WinSport chief O'Neill resigns

Dan O'Neill has resigned as president and chief executive officer of WinSport, which oversees the investments and legacies from the 1988 Winter Olympics in Calgary.

O'Neill stepped down "for personal reasons," according to a statement released Wednesday by WinSport.

Stephen Norris, vice-president of sport, will serve as interim president and CEO, the organization said.

WinSport is formerly the Calgary Olympic Development Association.

The organization operates Canada Olympic Park, pays a large portion of the Olympic Oval's operating budget and is responsible for the endowment funds invested from the profits of the 1988 Winter Games.

O'Neill took the job in December 2010, after five years as CEO of Molson Canada. **THE CANADIAN PRESS**

NHL

Karlsson to have surgery on Achilles

Ottawa Senators defenceman Erik Karlsson will need surgery to repair his left Achilles after the tendon was cut by a skate blade late in the second period Wednesday night against Pittsburgh.

The Norris Trophy winner last season as the NHL's top defenceman, Karlsson was cut by Penguins forward Matt Cooke's skate blade as the two tangled along the boards.

Karlsson immediately fell to the ice and was in visible pain. He needed help getting back to the bench before disappearing down the runway.

The Sens lost 4-2.

THE ASSOCIATED PRESS



Calgary Flames forward Michael Cammalleri, centre, celebrates his hat-trick goal with teammates Jay Bouwmeester, left, and Mark Giordano at the Scotiabank Saddledome on Wednesday night. The Flames beat the Dallas Stars 7-4. **JEFF MCINTOSH/THE CANADIAN PRESS**

Cammalleri sparks Flames offence

NHL. Forward scores hat trick in return from hip flexor injury

Mike Cammalleri scored a hat trick and added an assist to lead the Calgary Flames to a 7-4 win over the Dallas Stars on Wednesday night.

Cammalleri, who returned to Calgary's lineup after missing three games with a hip flexor injury, now has 200 goals in his seventh NHL season.

Roman Czervenka added a

goal and an assist for the Flames (4-4-3), while Jay Bouwmeester, Curtis Glencross and Jiri Hudler also scored. Alex Tanguay, Lee Stempniak and Jarome Iginla each had two assists.

Brendan Morrow scored a pair for the Stars (7-6-1), who had won four straight games including a 4-1 road victory over the Edmonton Oilers one night earlier. Eric Nystrom and Cody Eakin also scored, while Jaromir Jagr had two assists.

Leland Irving started his fourth straight game in the Calgary net and made 30 saves to improve his record to 2-1-1.

On Wednesday

7

Flames

4

Stars

In just his second start of the season, Dallas goalie Richard Bachman stopped 16-of-22 shots he faced.

With the Flames ahead 6-3 and Matt Stajan already in the penalty box for tripping, Cal-

gary defenceman Dennis Wideman was assessed a delay-of-game penalty late in the second for smothering the puck with his hand to give the Stars a five-on-three power play for 59 seconds.

While the Stars didn't cash in during the two-man advantage, Eakin scored with Wideman still in the box 65 seconds into the third to pull Dallas back within two goals.

That's as close as Dallas would get, though, as Cammalleri completed his hat trick with an empty-net goal to secure the win. **THE CANADIAN PRESS**

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Wrestling leader to argue for sport with IOC head

Olympics. 'The door is not closed,' says committee of 2020 removal

Facing a wave of criticism from around the world, IOC president Jacques Rogge will meet with the head of wrestling's governing body to discuss ways the sport can fight to save its place in the Olympics.

The IOC executive board dropped wrestling from the program of the 2020 Games on Tuesday, a decision that brought a sharp backlash from wrestling organizations and national Olympic bodies around the world — including Canada, the United States, Russia and Iran.

The move must still be ratified by the full International Olympic Committee in September, giving wrestling time to try to overturn a decision against a sport that dates back to the ancient Olympics and has been featured since the inaugural modern games in 1896.



International Olympic Committee president Jacques Rogge says he will meet with the head of wrestling's governing body to discuss ways the sport can fight to save its place in the 2020 Olympics. LAURENT GILLIERON/KEYSTONE/THE ASSOCIATED PRESS

Rogge said Wednesday he has been contacted by Raphael Martinetti, the Swiss president of international wrestling federation FILA, and was encouraged by the sport's resolve to make changes and fight for its place.

"We agreed we would meet at the first opportunity to have discussions," Rogge said at a news conference at the close of a two-day board meeting. "I should say FILA

reacted well to this disheartening news for them.

"They vowed to adapt the sport and vowed to fight to be eventually included in the 2020 slot."

Wrestling, which remains on the program for the 2016 Olympics in Rio de Janeiro, still has a chance to stay on the list for 2020 — if it manages to respond positively to the wakeup call and convince the IOC to change course. THE ASSOCIATED PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	35	14	.714	—
New York	32	18	.640	3 1/2
Indiana	32	21	.604	5
Brooklyn	31	22	.585	6
Chicago	30	22	.577	6 1/2
Atlanta	29	22	.569	7
Boston	28	24	.538	8 1/2
Milwaukee	26	25	.510	10
Philadelphia	22	29	.431	14
Toronto	21	32	.396	16
Detroit	21	33	.389	16 1/2
Cleveland	16	37	.302	21
Washington	15	36	.294	21
Orlando	15	37	.288	21 1/2
Charlotte	12	40	.231	24 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	42	12	.778	—
Oklahoma City	39	13	.750	2
L.A. Clippers	37	17	.685	5
Memphis	33	18	.647	7 1/2
Denver	33	21	.611	9
Golden State	30	22	.577	11
Utah	30	24	.556	12
Houston	29	25	.537	13
Portland	25	28	.472	16 1/2
L.A. Lakers	25	28	.472	16 1/2
Dallas	23	29	.442	18
Minnesota	19	31	.380	21
New Orleans	19	34	.358	22 1/2
Sacramento	19	35	.352	23
Phoenix	17	36	.321	24 1/2

Note: division leaders ranked in top three positions regardless of winning percentage.

WEDNESDAY'S RESULTS

San Antonio 96 Cleveland 95
Indiana 101 Charlotte 77
Atlanta 108 Orlando 76
Brooklyn 119 Denver 76
Detroit 96 Washington 85
Boston 71 Chicago 69

Toronto 92 New York 88
Milwaukee 94 Philadelphia 92
New Orleans 99 Portland 63
Utah 97 Minnesota 93
Dallas 123 Sacramento 100
Houston at L.A. Clippers

TUESDAY'S RESULTS

Toronto 109 Denver 108
Miami 117 Portland 104
Memphis 108 Sacramento 101
Utah 109 Oklahoma City 94
Houston 116 Golden State 107
L.A. Lakers 91 Phoenix 85

THURSDAY'S GAMES — All Times Eastern
Miami at Oklahoma City, 8 p.m.
L.A. Clippers at L.A. Lakers, 10:30 p.m.

NHL

EASTERN CONFERENCE

	GP	W	L	OL	GF	GA	Pt
New Jersey	13	8	2	3	35	28	19
Pittsburgh	14	9	5	0	45	34	18
NY Rangers	12	7	5	0	33	30	14
Philadelphia	14	6	7	1	34	40	13
NY Islanders	12	4	7	1	36	43	9

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	11	8	1	2	32	25	18
Toronto	13	8	5	0	39	33	16
Ottawa	14	7	5	2	35	27	16
Montreal	12	7	4	1	35	33	15
Buffalo	14	5	8	1	39	48	11

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	12	7	4	1	38	36	15
Tampa Bay	12	6	5	1	46	36	13
Winnipeg	12	5	6	1	32	40	11
Florida	12	4	6	2	30	46	10
Washington	13	4	8	1	36	46	9

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

SCORING LEADERS

	G	A	Pt
Vanek, Buf	11	12	23
Kane, Chi	9	11	20
Zetterberg, Det	5	13	18
Stamkos, TBL	7	10	17
Ribeiro, Wash	5	12	17
Crosby, Phg	5	12	17
St. Louis, TBL	3	14	17

NOT INCLUDING LAST NIGHT'S GAMES

RAPTORS 92, KNICKS 88
TORONTO (92)
Anderson 10-16 0-0 26, DeRozan 5-11 10-10
20, Lowry 3-8 5-6 12, Lucas 4-5 2-12, Gay
4-21 3-4 11, Johnson 2-4 1-2 5, Fields 2-4
0-4, Bargnani 1-1 0-0 2, Valanciunas 0-1
0-0 0, Ross 0-2 0-0 0, Totals 31-73 21-24 92.

NEW YORK (88)

Smith 8-17 5-8 26, Felton 3-9 10-12 16,
Anthony 5-24 1-4 12, Chandler 4-6 2-2 10,
Stoudemire 4-13 2-2 10, Novak 3-4 0-0 9,
Shumpert 1-3 3-4 5, Kidd 0-3 0-0 0. Totals
28-79 23-32 88.

TORONTO

14 23 28 27 — 92
New York 18 24 18 28 — 88
3-Point Goals—Toronto 9-21 (Anderson
6-5, Gay 0-5, Lowry 1-4, Lucas 2-3,
DeRozan 0-1), New York 9-25 (Smith 5-10,
Anthony 1-6, Novak 3-4, Kidd 0-3, Felton
0-2). Rebounds—Toronto 35 (Fields 10, Gay
8, Johnson 5, Valanciunas 5, DeRozan 4,
Lowry 1, Lucas 1, Anderson 1), New York
52 (Anthony 12, Chandler 9, Stoudemire
7, Shumpert 7, Felton 4, Smith 4, Novak 4,
Kidd 4, Prigioni 1). Assists—Toronto 12 (Gay
4), New York 12 (Felton 5).

Total Fouls—Toronto 20, New York 21.
Attendance—19,033 at New York. 1—2:21

WESTERN CONFERENCE

	GP	W	L	OL	GF	GA	Pt
Chicago	13	10	0	3	44	28	23
Detroit	13	7	4	2	36	36	16
Nashville	13	6	3	4	25	26	16
St. Louis	13	7	5	1	43	43	15
Columbus	13	4	7	2	30	41	10

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	12	8	2	2	35	25	18
Minnesota	13	6	6	1	27	32	13
Edmonton	13	5	5	3	29	34	13
Calgary	11	4	4	3	33	39	11
Colorado	11	4	6	1	23	29	9

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	12	9	2	1	42	33	19
San Jose	13	7	3	3	36	29	17
Dallas	14	7	6	1	34	36	15
Phoenix	13	6	5	2	35	35	14
Los Angeles	11	4	5	2	26	32	10

WEDNESDAY'S RESULTS

Pittsburgh 4 Ottawa 2
St. Louis 4 Detroit 3 (OT)
Calgary 7 Dallas 4

TUESDAY'S RESULTS

Carolina 4 New Jersey 2
NY Rangers 4 Boston 3 (SO)
Montreal 4 Tampa Bay 3 (SO)
Ottawa 2 Buffalo 0
Washington 6 Florida 5 (OT)
Philadelphia 3 Winnipeg 2
Nashville 1 San Jose 0 (OT)
Anaheim 3 Chicago 2 (SO)
Dallas 4 Edmonton 1
Vancouver 2 Minnesota 1

THURSDAY'S GAMES — All Times Eastern

Toronto at Carolina, 7 p.m.
NY Islanders at NY Rangers, 7 p.m.
Montreal at Florida, 7:30 p.m.
Washington at Tampa Bay, 7:30 p.m.
Phoenix at Nashville, 8 p.m.
Colorado at Minnesota, 8 p.m.
FRIDAY'S GAMES
Pittsburgh at Winnipeg, 7 p.m.
Philadelphia at New Jersey, 7 p.m.
Boston at Buffalo, 7 p.m.
Anaheim at Detroit, 7:30 p.m.
San Jose at Chicago, 8:30 p.m.
St. Louis at Calgary, 9 p.m.
Dallas at Vancouver, 10 p.m.
Columbus at Los Angeles, 10:30 p.m.



Horoscopes

Aries

March 21 - April 20

It doesn't matter what you do today so long as you do something. If you sit still for more than a minute this morning, you may not get up again until the evening — and only to go back to bed.

Taurus

April 21 - May 21

There is no point trying to judge people by your own standards. They will never match up. The best you can hope for, today and any other day, is that they learn from your good example. So go on, be one.

Gemini

May 22 - June 21

The more others try to get you to change, the more you should stick with what you know and trust. No doubt they will come up with all sorts of reasons why you should take a risk, but don't do it.

Cancer

June 22 - July 23

What sounds like bad news is nothing of the sort. Chances are you are looking at it from completely the wrong angle. Facts are facts, of course, but even facts can sometimes be open to interpretation.

Leo

July 24 - Aug. 23

You are not the sort to give up just because you failed at something once. Yes, you may be annoyed that you did not do a project justice, but there is still plenty of time to do it again and do it right.

Virgo

Aug. 24 - Sept. 23

There is something you have to do today and even though it may be a total bore you know that until you see it through to completion partners and colleagues won't give you a moment's peace. Get started on it now.

Libra

Sept. 24 - Oct. 23

You may hear a few whispers or rumours today, most likely about someone you like. You are advised to ignore them. Most likely, it is just nasty he said, she said. Even if it is true, it's still nothing to do with you.

Scorpio

Oct. 24 - Nov. 22

Don't cut any corners today because someone important is watching and they will make a big deal of it. It may be that you have to do a lot of work for very little profit, but sometimes that's just how it is.

Sagittarius

Nov. 23 - Dec. 21

You don't have to put up with people who waste your precious time on trivial things. Tell them where to go today, and say it in a way that makes it clear you mean it.

Capricorn

Dec. 22 - Jan. 20

You may be eager to make changes but you won't be able to push partners faster than they want to go today. Which begs the question: Have you signed up with the wrong partners? Give it some thought.

Aquarius

Jan. 21 - Feb. 19

No matter how hard you try to persuade a friend or work colleague to see things your way, it just isn't going to happen, so give up. It's true, you know, some people are almost as stubborn as you!

Pisces

Feb. 20 - March 20

Other people may be selfish and put their own interests first but not you. With Mars, Mercury and Neptune all moving through your sign, you know it pays to be generous. The more you give now, the more you'll get later.

SALLY BROMPTON

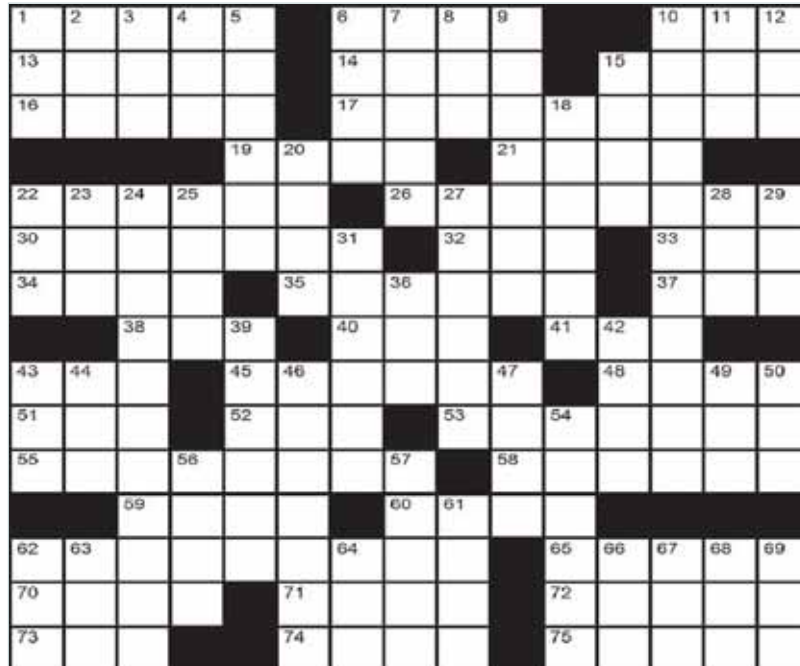
Crossword: Canada Across and Down

Across

1. Valentine's Day icon
6. "Rich Bride ___ Bride" on Slice
10. Sisco's group, ___ Hill
13. Popeye's beloved
14. Sparkling wine city of Italy
15. Italian car manufacturer
16. Actress Kathy
17. Valentine's gift
19. Speck
21. Khloe Kardashian's husband, Lamar ___
22. James Blunt album: 'Back to ___'
26. Rocky sun-orbiter
30. Versus
32. Extra sports periods, for short
33. Perfume by Cacharel
34. Explosive star
35. Eucalyptus eaters
37. Horse coat hue
38. Bug
40. Deli bread
41. Nav. rank
43. Misfire
45. "That's being taken care of by me, boss!": 3 wds.
48. Isn't, wrong-style
51. Cute bark
52. 'Alma' add-on (Facts reference book)
53. Taylor of 'Twilight' flicks
55. ___ Gold Rush
58. Canadian auto service company
59. Shaker stuff
60. Gardening tool
62. Emily Bronte's ___ Heights
65. Himalayas land
70. Chemical suffixes
71. 'Susp' add-on
72. Curtain
73. Val- ___, Quebec
74. Investigators, for short
75. "When Harry Met ___" (1989)

Down

1. Corn on the ___
2. Suffix with 'Form'
3. Peach part
4. 'Excess' suffix
5. Canadian singer Shawn



6. Agreement
7. "Romeo and Juliet" (1968) actor Milo
8. Prefix that means 'Ear'
9. Cheese in lasagna
10. Blue Rodeo hit that goes "...our love shines like a...": 2 wds.
11. Alleyway animal
12. Sport-___ (Versatile vehicle)
15. Flower: Spanish
18. Ukraine port city
20. City of Russia
22. Ray-___ (Sunglasses maker)
23. Kind of boost
24. Grammy-winning record producer born in Victoria: 2 wds.
25. 1997 Jim Carrey comedy, when doubled
27. Cirque du ___
28. Indebted one's letters
29. Mr. Aykroyd
31. "For Those About ___" (We Salute You)" by AC/DC
36. Novelist Ms. Rand
39. Amazon e-book reader
42. Court
43. Fargo, North ___
44. www address
46. ___ (Restaurant occupation)
47. Chore
49. "Waking ___ Devine" (1998)
50. Otis Redding song: "___ a Little Tenderness"
54. Overturns
56. Nopes
57. Surrealist artist Max
61. 'Band' suffix (Medical supplies)
62. Tie the knot
63. Numero ___
64. 'Benedict' suffix
66. Baseball pitcher's stat.
67. Chum
68. Fergie's bandmate, ___de.ap
69. Grassy field

Yesterday's Crossword

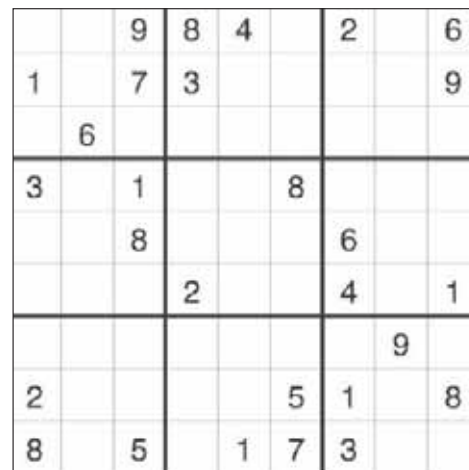


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -1°
MIN: -10°

FRIDAY



MAX: 10°
MIN: -7°

SATURDAY



MAX: 0°
MIN: -9°



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